

## COURSE 7

# Personalized Trading Mastery Program: Individual Traders

Achieve trading excellence with the Personalized Trading Mastery Program tailored for independent traders and investors. This comprehensive program offers a personalized approach to mastering the psychology of trading, by understanding your reactions under different market conditions, developing better coping strategies, and building resilience to improve your trading performance under pressure.

**Target group:** Individual traders within capital, financial or energy markets  
**Duration:** 1-2 months  
**Format:** Virtual or class-room training

### COMPONENTS

- 1: Individual Trading profile (based on Hogan's EQ Assessment)
- 2: Personalized (1st) coaching session to identify trading strengths and challenges
- 3: Personalized (2nd) coaching session to define IDP and explore Toolbox
- 4: Access to Trading Psychology Toolbox

